

Immediate Release

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**Christiana Care Health System's Inaugural Gastrointestinal Symposium
Focuses on Advances in the Treatment of Constipation, Celiac Disease and
Crohn's Disease**

WHAT: Inaugural GI Symposium

WHEN: Saturday, Oct. 7th from 8 a.m. to 1:30 p.m.

WHERE: Christiana Hospital's John H. Ammon Medical Education Center at 4755 Ogletown-Stanton Rd., Newark, Del.

WHY: The Inaugural GI Symposium includes lectures on a variety of common digestive problems, such as constipation, a condition that affects about 42 million Americans, according to the U.S. National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK).

Sarina Pasricha, M.D., MSCR, a gastroenterologist with Delaware Center for Digestive Care who is affiliated with Christiana Care, will explain why constipation remains one of the most misunderstood medical conditions by both patients and physicians. Dr. Pasricha also will share advances in technology that can help physicians better diagnose and treat constipation.

The GI Symposium also features national experts who will address advances in treatment for Celiac Disease – a digestive disorder estimated to affect more than 1 million Americans – and Crohn's Disease – a chronic disease that causes inflammation in the digestive tract and affects more than 500,000 Americans.

MEDIA: Journalists who would like to attend any of the presentations can contact Christiana Care's Senior Manager of Media Relations Hiran Ratnayake at (302) 327-3327 or hratnayake@christianacare.org.

About Christiana Care Health System

Christiana Care Health System is one of the country's largest health care systems, ranking as the 22nd leading hospital in the nation and 11th on the East Coast in terms of admissions. The health system includes The Medical Group of Christiana Care, a network of primary care physicians,

medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services. Christiana Care has an extensive range of outpatient services and works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers this highest level of care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds.

For more information about Christiana Care, visit www.christianacare.org/howeare

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