Immediate Release



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Christiana Care Health System Named One of Nation's 100 Top Hospitals and Winner of Everest Award for Second Consecutive Year

(WILMINGTON, Del. – March 2) <u>Christiana Care Health System</u> has again been named among "the best of the best" by Truven Health Analytics™ with national recognition as one of the 100 Top Hospitals® in the U.S. and as an Everest Award winner for the second consecutive year. Christiana Care is again the only health system in the Delaware Valley region to earn these honors.

Based on Truven's independent analysis of the quality, safety and efficiency of hospital care, these recognitions demonstrate that Christiana Care Health System is among the top health systems in the United States delivering exceptional health care value through outstanding performance.

In Truven's 100 Top Hospitals list, Christiana Care is recognized as one of 15 major teaching hospitals representing "the highest national standards in hospital care and management." The selected organizations lead the nation's 3,000 hospitals in consistent, long-term excellence in care, efficiency and community value. Christiana Care is the only hospital in the Delaware Valley to make the prestigious list in 2016. This is the fourth 100 Top Hospitals ranking for Christiana Care.

Christiana Care also is again one of only 17 hospitals across the nation to win the 100 Top Hospitals Everest Award, given to those select few hospitals among the winners with the greatest rate of improvement over five years. As in 2015, Truven Health Analytics again distinguishes Christiana Care as one of the highest-performing hospitals in the U.S. that has set national benchmarks for the fastest long-term improvement. Christiana Care is the only hospital in the Delaware Valley to win a 2016 Everest Award.

"Earning these honors – particularly winning the Everest for two consecutive years – truly demonstrates the commitment of our extraordinary employees, leadership and volunteers to advancing The Christiana Care Way, our promise to the community we serve to be respectful, expert, caring partners in their health," said Janice E. Nevin, M.D., MPH, Christiana Care president and CEO. "It is our commitment and our privilege to help our patients achieve optimal health by consistently improving to provide safe, effective care that produces superior outcomes."

The award recognizes the 100 Top Hospitals that have achieved excellence in 11 areas, including patient care, operational efficiency and financial stability.

The Truven Health 100 Top Hospitals is the most comprehensive, rigorous study of its kind, incorporating public data; proprietary, risk-adjusted and peer-reviewed methodologies; and key performance metrics to arrive at an objective balanced scorecard measuring current performance and long-term improvement.

Researchers based the 100 Top Hospitals on public information – Medicare cost reports, Medicare Provider Analysis and Review (MedPAR) data, and core measures and patient satisfaction data from the Centers for Medicare and Medicaid Services (CMS) Hospital Compare website. Hospitals do not apply, and winners do not pay to market the honor.

Truven Health reports that the 100 Top Hospitals outperform their peers by demonstrating excellence and operating effectively across all functional areas. The study shows that if all hospitals in the U.S. performed at the level of this year's winners:

- More than 104,000 additional lives could be saved.
- Nearly 48,400 additional patients could be complication-free.
- \$2 billion in inpatient costs could be saved.
- The average patient stay would decrease by half a day.

The analysis is based on Medicare patients. If the same standards were applied to all inpatients, the impact would be even greater.

For more information on the 100 Top Hospitals ranking and the Everest Award, see 100TopHospitals.com.

About Christiana Care Health System

Christiana Care Health System is one of the country's largest health care systems, ranking as the 22nd leading hospital in the nation and 12th on the East Coast in terms of admissions. The health system includes The Medical Group of Christiana Care, a network of primary care physicians,

medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services. Christiana Care has an extensive range of outpatient services, and through Christiana Care Quality Partners, Christiana Care works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers this highest level of care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds. For more information about Christiana Care, visit www.christianacare.org/whoweare.

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