

Immediate Release

Contact:

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(NEWARK, DE – January 18) Area restaurants are joining [Christiana Care Health System](#) to celebrate Wear Red Day, Friday, February 5. Wear red and dine-in at one of the participating restaurants to receive a free heart-healthy menu item of the restaurant's choice. Tell your server that you're wearing red to celebrate Wear Red Day.

You can also shop for a special heart healthy gift. Edible Arrangements, located on Kirkwood Highway in Wilmington, will celebrate Wear Red Day by offering 20 percent off any product in the store and within the local area for pick-up and delivery on February 5. To receive the discount at the Kirkwood Highway store, give them the coupon code CCHS1270.

Go Red for Women is a national campaign by the American Heart Association to promote women's heart health and heart-healthy living. Both men and women who are wearing red are eligible to receive the free menu item.

Participating Locations*

Wilmington:

- Bistro Jacques (Dinner only; 607 N Lincoln Street)
- Pizza By Elizabeths (3801 Kennett Pike, Suite E220)
- Edible Arrangements (4563 Kirkwood Highway)

Newark:

- Potstickers Asian Grill & Sushi Bar (1247 Churchmans Road)
- Firebirds Wood Fired Grill (1225 Churchmans Road)

*Offer is valid for lunch and dinner unless otherwise specified.

Visit www.christianacare.org/wearredday for more information.

About Christiana Care Health System

Christiana Care Health System is one of the country's largest health care systems, ranking as the 22nd leading hospital in the nation and 12th on the East Coast in terms of admissions. The health system includes The Medical Group of Christiana Care, a network of primary care physicians, medical and surgical specialists as well as home health care, preventive medicine, rehabilitation services and patient/family advisors for core health care services. A not-for-profit teaching hospital affiliated with Sidney Kimmel Medical College at Thomas Jefferson University,

Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services. Christiana Care has an extensive range of outpatient services, and through Christiana Care Quality Partners, Christiana Care works closely with its medical staff to achieve better health, better access to care and lower cost. Christiana Care is home to Delaware's only Level I trauma center, the highest capability center and the only one of its kind between Philadelphia and Baltimore. Christiana Care features a Level III neonatal intensive care unit, the only delivering hospital in Delaware that offers this highest level of care to the most critically ill newborns. Christiana Care includes two hospitals with 1,100 patient beds. For more information about Christiana Care, visit www.christianacare.org/howeare.

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