

Immediate release

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## Mehmet C. Oz, M.D., renowed heart surgeon and author, discusses women's heart health April 22

Dr. Oz is a frequent guest on The Oprah Winfrey Show

(Wilmington, DE) – April 7, 2006. Nationally known heart surgeon and author Mehmet C. Oz, M.D., will speak at the DuPont Country Club, Saturday, April 22, to share his insights about women and their heart health. Dr. Oz's appearance is a fund-raiser to help support women's health initiatives at Christiana Care Health System.

Dr. Oz, who spent his youth in Wilmington, Del., is currently vice chair and professor of Surgery at Columbia University and director of the Cardiovascular Institute and Complementary Medicine Program at New York Presbyterian Hospital.

He is a co-author of the best-selling books *YOU*: *The Owner's Manual* and *YOU*: *The Smart Patient* and a regular guest on *The Oprah Winfrey Show* and numerous other talk shows. He is a chief medical consultant to Discovery Communications and he has hosted several shows, including the Discovery Channel's *Second Opinion with Dr. Oz.* 

Cost is \$50 for the presentation at 2 p.m.; \$100 for a pre-event reception at 1 p.m. Please register by calling Christiana Care's Office of Development at 302-327-3309 or register online at <a href="https://www.christianacare.org">www.christianacare.org</a>. Space is limited and a capacity crowd is expected, so please make sure to respond as soon as possible.

Christiana Care Health System, which dates back to 1888, is one of the region's largest not-for profit health care providers, serving the people of Delaware as well as neighboring areas of Maryland, Pennsylvania and New Jersey. A teaching hospital, Christiana Care is recognized as a regional center for excellence in cardiology, cancer and women's health services, as well as Level-I trauma care and Level-3 neonatal intensive care (both highest intensity). Christiana Care operates two hospitals, transitional care services, preventive medicine and rehabilitation services, a network of

primary care physician offices and an extensive range of outpatient and home health services. Christiana Care provided \$25.2 million of charity care last year.

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